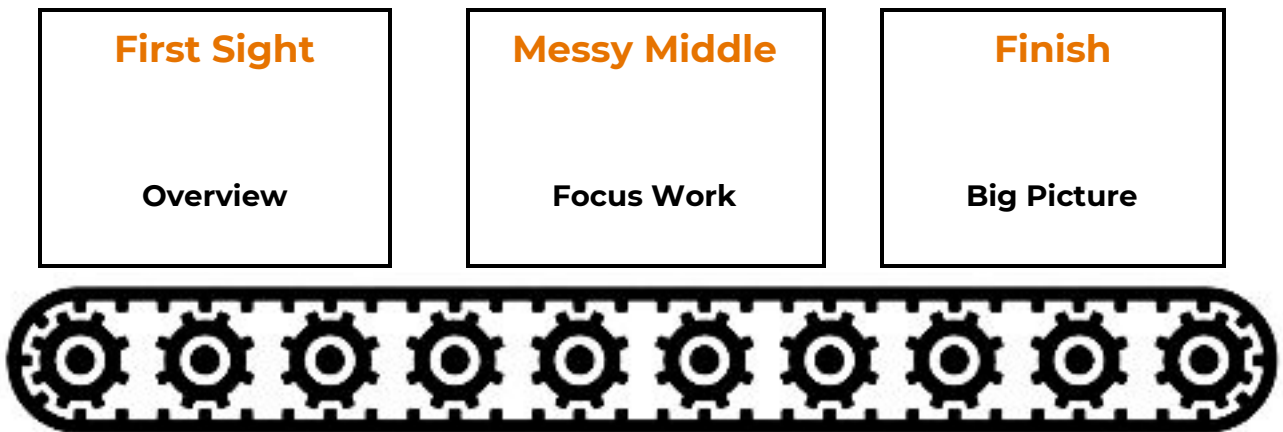


FROM FIRST SIGHT TO FINISH THE CONVEYOR BELT SOLUTION



First Sight

Early Learning Stage

Take the Plunge

Messy Middle

Develop Familiarity

Focus Areas:

- Detail
- Expression
- Continuity
- Control
- Connection

Finish

Polishing

- Consolidation
- Commitment
- Crashproof
- Confidence

The Conveyor Belt Solution

1. List all the music you need or want to practice this week.
2. Assign each piece to one of the three stages.
3. Reduce your Messy Middle to 2 or 3 pieces.
4. Next week, reevaluate and move pieces up as you are able.

You will find more ways to use the **Kaleidoscope Practice System in The Harpist's Playbook**. Designed specifically for harpists, it outlines a practical action plan to use the system in your practice every day. With three detailed practice plans, one for each of the three learning stages and over 60 harp-specific practice techniques, you are never at a loss for how to solve a sticky spot or make progress. Included are practice journal pages to help you set and achieve your goals, extra suggestions for practicing trouble spots and helpful practice tips.

TAKE THE PLUNGE

Get any piece off to a speedy start with this total immersion system. Follow the entire 5 steps each day for 5 days and watch your progress accelerate.

STEP ONE: OVERVIEW

Play the entire piece all the way through hands together as much as possible, at as steady a tempo as possible. If you have to change tempo in some spots, that's ok. Don't stop to fuss over fingering at this point; just get as much as you can this time.

STEP TWO: SECOND LOOK

Play it all the way through again, but this time stop and repeat any unclear spots. Don't try to make them correct yet; just make sure you understand them. Figure out any tricky rhythms. Review fingering and write it in if you need to. Notice any sections or patterns that repeat.

STEP THREE: TAKE THE EASY ROUTE

Choose 3 sections of the piece that are fairly easy for you and practice them to correct the fingering and the notes. The sections shouldn't be longer than 8 measures or so and they could be shorter. For each section, play hands together once slowly, then each hand alone once or twice closer to tempo, then hands together again slightly faster than before if possible.

STEP FOUR: PICK YOUR BATTLE

Choose one short section that is more complicated for you. Spend just a few minutes figuring it out and correcting notes, rhythms and fingerings. Try to achieve a steady, if very slow, tempo.

STEP FIVE: TOP TO BOTTOM REVIEW

Play the entire piece all the way through once more, keeping your tempo as steady as possible, but slowing down where you must. You're done for today!

Note: *when you get to Steps 3 and 4 tomorrow, you may choose the same or different sections.*