



Recipes for December 2021 Megan Arizona born harpist Megan Metheney now resides in France and shares her favorite holiday recipe-a French twist on what we here on state side call the yule log! Bûche à l'orange (Simple Orange Christmas Log) Serves 6-8 150g (5 1/2 oz.) dark chocolate 2 oranges 4 egg whites, 4 egg yolks 50cl (2 cups and 2T) liquid crème fraîche (or substitute: 2 cups of heavy cream and 2 tablespoons of buttermilk) 75g x 2 (1/3 cup x 2) sugar Chocolate flakes or shredded chocolate, powdered sugar (for decoration) Preheat the oven 180° C (350° F) Beat the egg yolks with 75g (1/3 cup) of sugar until creamy. Melt the chocolate in a double boiler. Turn off the heat, let it cool slightly, then stir in the egg yolks. Beat the egg whites until they become "firm snow," then stir in 75g (1/3 cup) of sugar. Delicately combine this mixture to the chocolate. Pour the batter onto a large baking sheet lined with parchment paper and bake for 25 min. Prepare the whipped cream: whip the crème fraîche until it reaches stiff peaks. Prepare the oranges: peel and cut them into small pieces. After the "biscuit" has baked and cooled, turn it over onto wax paper. Spread the whipped cream on top and decorate it with the orange pieces. Roll up the log starting from one of the shorter sides of the rectangular "biscuit." Decorate the rolled log with chocolate flakes and powdered sugar as inspiration comes... Joyeux Noël!



