



# Technique Tune-up for the Lazy Harpist

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Warm-ups: 2nds: 3rds:

2 2 2  
2 1 2 1  
1 2 1 2  
2 1 etc.

2  
3 etc.  
4

4ths: 7ths: Triplets:

3 1 etc. 4 1 etc. 3 2 1 etc. 1 3 2 etc. 1 3 2 etc.

## Strengthening exercises:

C G - 2nd inv  
C - 1st inv C sus-4

## 4-note scales:

Parallel 6ths: Parallel 10ths: Contrary motion:

## Syncopated scales:

etc.

## Triplets accent:

etc.